

305 Allegheny Street Tarentum, PA 15084

2024-2025 Schedule

All group discussions occur on the last Monday of the month:

2024	2025
Oct 28	Jan. 27
Nov 25	Feb. 24
Dec 30	Mar. 31
	Apr. 28
	May 19



Facilitator: Amy Armanious, DNP, MSOL, RN The Women's Ministry of the Central Presbyterian Church Presents:

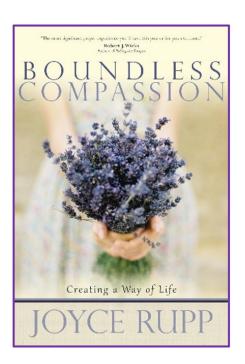
Boundless Compassion: Creating a Way of Life Group Book Discussion

This group book discussion for women offers an opportunity to foster your spiritual health through prayer and presence.

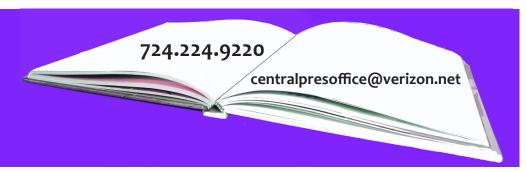
Discussions will be held monthly at **Central Presbyterian Church** for **eight Mondays beginning October 28, 2024**, at **11:00AM** followed by lunch and fellowship from 12:00-12:30PM.

- Open to women of all ages and Christian faith traditions.
- Your friends and family members are welcome.
- No cost, but donations to help pay for your meal are appreciated.
- <u>Registration deadline is 12:00PM</u> on the Friday before each session.

There is no pressure to attend every session, but you *must register before each session*.



To Register, please contact Central Presbyterian Church at:





The group will be facilitated by Central's faith community nurse, Amy Armanious RN, who is also a spiritual director at Samaritan Counseling, Guidance, Consulting. Amy offers guidance and companionship for those who need help filtering through life's challenges as well as celebrating life's joys. Through spiritual direction, Amy offers people the opportunity to gain hope as they enter into a deeper understanding of self and relationship with their Creator. Amy completed a two-year study at Pneuma Institute (part of the Pittsburgh Theological Seminary) in 2016 through which she qualified as a spiritual director for individuals and groups.