

414 Grant Street  
Sewickley, PA 15143

**Mission**

*To help individuals, families and communities achieve emotional, spiritual and physical well-being through professional psychological counseling and education programs using the resources of faith.*

**Locations**

**The Presbyterian Church, Sewickley**  
414 Grant Street, Sewickley, PA 15143

**Grace Lutheran Church**  
393 Adams Street, Rochester, PA 15074

**Beaver United Methodist Church**  
345 College Avenue, Beaver, PA 15009

**St. Andrew's Presbyterian Church**  
201 E. Jefferson Street, Butler, PA 16001

**Mt. Lebanon Presbyterian Church**  
255 Washington Road, Pittsburgh, PA 15216

**First Presbyterian Church of Bakerstown**  
5875 Heckert Road, Bakerstown, PA 15007

**St. Luke's Lutheran Church**  
322 Hannahstown Road, Cabot, PA 16023

**North Main Street Church of God**  
1201 N. Main Street, Butler, PA 16001

**Osborne Plaza**  
1106 Ohio River Boulevard, Sewickley, PA 15143

**Westminster Presbyterian Church**  
2040 Washington Road, Pittsburgh, PA 15241

**412.741.7430 • fax: 412.741.5171 • [www.samaritancounseling.net](http://www.samaritancounseling.net)**



**2011**  
*annual report* January 1- December 31



**Message from Our Leaders**

Dear Friends of Samaritan:

Reflecting back on 2011, we are humbled to be a part of this vital ministry at a time when the need has never been greater. And because *you care*, we were able to meet every need God laid at our doorstep. As true Good Samaritans, you ensured *no one*, regardless of ability to pay, was left by the wayside.

Last year, Samaritan's clinical team provided hope and healing to more than 2,000 men, women and children—a significant leap from the 1,400 we served in 2010. Topping the list of reasons why so many people sought help were relationship issues and adjustment disorders (anxiety and depression). *Not at all surprising*. Increasing demands in our schools and workplaces, financial hardships, families and marriages in crisis: these issues and more continue to threaten the health and well-being of the general population.

In response to this critical need, we added three more therapists to our counseling staff, including a second spiritual director. Thanks to a generous grant award from the Hansen Foundation, we were also able to create and fill a Clinical Director position. By the close of the year, Samaritan had conducted 5,812 counseling sessions—a *23% increase from 2010!*

Recognizing the importance of preventive care, Samaritan designed additional specialized programs to promote holistic wellness. By the time you read this letter, we will have already launched several cutting edge workshops aimed at helping people gain tools to live full, rewarding lives.

As the need for counseling—and counselors—skyrocketed, so did Samaritan's need for space. Consequently, we opened three more offices, including one in Rochester in Beaver County, another in Upper St. Clair plus a second location in Sewickley. To date, Samaritan serves community members from 10 locations throughout Allegheny, Beaver and Butler Counties.

As we continue to help those in crisis heal and recover, we do so with grateful hearts. Thanks to you, our generous partners, Samaritan is looking forward to another productive year. Please keep us in your prayers as we journey together to spread hope and healing to those in need.

Sincerely,

*Tom DeFazio*  
Tom DeFazio  
Board President

*Carl H. Baughman*  
Carl Baughman, MDiv, MS, LMFT  
Executive Director

**Board of Directors:** Thomas DeFazio, *President*; Rev. Beth Wierman, *Secretary*; Josh DeNinno, *Treasurer*; Filomena Coxon, Jim English, Holly Fuller, Mark Hudson, Lori Long, Brian Rosinski, Carolyn Smith

**Advisory Board:** Edwin Clarke, Jr., Carroll Ferguson, Robert A. Gordon, Rev. Dr. Jean Henderson, Jack Isherwood, Robin Miller, Eliza Nevin

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*Thank you,  
Good Samaritans!*

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LR: Tom DeFazio, Board President; Carl Baughman, Executive Director

- In 2011, the Samaritan Counseling Center was pleased to welcome *Brian Rosinski* to the Board of Directors. Brian hales from Wexford and is an attorney with McCarthy McDonald Schulberg Joy.
- We also welcomed *Holly Fuller*, a Carnegie resident and Senior Manager in Accounting and Auditing at Alpern Rosenthal, as an official board member.
- Heartfelt thanks go to parting board members *Eliza Nevin*—who graciously agreed to serve on our Advisory Board—*Peter Bak, Sylvia Dallas, Peter Small* and *Sally Shipley*. Their devoted service was deeply appreciated.



1106 Ohio River Boulevard: Our second Sewickley location where we currently rent space.



### Samaritan's Team

Carl Baughman, MDiv, MS, LMFT  
*Executive Director*

Ginny Corbett, MA, LPC  
*Associate Director*

Beth Healey, BS  
*Director of Development and Marketing*

Martha Selleck, MSW, LCSW  
*Clinical Director*

Deborah Volek, MA, LPC  
*Administrative Director*

Nancy Bunce, MBA  
*Grantwriter*

Courtney Suckfiel  
*Intake Coordinator*

Lucinda Wade  
*Insurance Specialist*

Mary Lynn Callahan, MDiv  
*Spiritual Director*

Rebecca de Vries, PhD, LPC, NCSP  
*Licensed Professional Counselor*

Kristin O. Drucis, MS, LMFT  
*Licensed Marriage and Family Therapist*

Michael Dunbar, MA, NCC  
*National Certified Counselor*

Debrin Goubert, MD  
*Consulting Psychiatrist*

Ann Hoskins, LCSW  
*Licensed Clinical Social Worker*

Chelsea Howe, MA, LPC  
*Licensed Professional Counselor*

Phil Jamison, Jr., MDiv  
*Bereavement Therapist*

Penny Lyon, MDiv, MSW, LSW  
*Licensed Social Worker*

Terry Mackie, PhD  
*Licensed Psychologist*

Alexendra Dix McCabe, LPC, ATR-BC  
*Licensed Professional Counselor*

Carla J. Sandy, MSW, LSW  
*Licensed Social Worker*

Carol Stenger, ACSW, BDC  
*Spiritual Director; Licensed Social Worker*

Denise R. Wilson, RN, MA, LPC  
*Licensed Professional Counselor*

Veronica A. Zinkham, MA, NCC, LPC  
*Licensed Professional Counselor*

## Beating *the Odds*

Plug *divorce rate* into a search engine and you'll find source after source reporting that up to half of American marriages end in divorce.

**Are there *really* solutions for failing marriages?** At Samaritan, we say *yes!* We counsel married couples by introducing them to new ways to resolve conflicts and restore healthy patterns in their relationships.

“*Counseling saved my marriage. It enabled me to find joy in life again and regain confidence. What I received at Samaritan is beyond what I had found with other counselors. I am very grateful.*”  
- Rebecca

**What about strengthening relationships before the knot is tied?** *Yes again.* Samaritan's counselors employ a

faith-based, pro-active approach to couple's therapy. By helping each partner identify strengths and weaknesses and explore key issues such as finances, communication, conflict resolution and spiritual beliefs, we empower couples to build healthy relationships which are poised to withstand the test of time.

**In 2011, Samaritan provided therapy to more than 200 couples.**



*“Plans fail for lack of counsel, but with many advisors they succeed.”*  
Proverbs 15:22

## Moving *from Head to Heart*

People go to counseling with expectations. Whether they are struggling with anxiety, grief, problematic relationships or other issues, they are searching for ways to move beyond their pain.

There are numerous treatment options—cognitive behavioral therapy, mindfulness-based, solution-focused and reality therapy—to name just a few. Samaritan's counselors exercise judgment in applying therapies and techniques, based on a client's personality, diagnosis and other unique factors.

“We use what we feel will work best for our clients on an individual basis,” said Deborah Volek, who stepped into Samaritan's Administrative Director position last December. Deborah, with a Masters of Art in Counseling, is a Licensed Professional Counselor who counsels families, couples, individuals and youth.

Family Counseling. “My first goal is to help them feel safe and know that they can trust me. My second goal is to help them meet a need.”

Having counseled a lot of young adults in his career, Mike has seen many wrestle with emotional insecurity and the inability to trust others. He believes people can be transformed, but it takes time. For example, it's one thing to *know* something—such as “it's good to show compassion.” But if a person has not *received* compassion, he won't be able to show it to someone else. At that point, compassion is only a concept in the mind.

“You have to move from the head to the heart,” said Mike. “My job is to help people get there.”

**In addition to serving adults of all ages, Samaritan served 70 youth last year through subsidized therapy.**

“I have worked with teenage run-aways,” Mike continued. “I recall a teen who left home at a very young age when her parents divorced. She lived on her own and got into trouble. Later, through therapy, she and her father made amends.”

Fostering trust and respect in the counselor/client relationship is paramount. But at Samaritan, faith also plays an integral role—even when clients are non-believers.

“The spiritual aspect, or serving God, is the most important thing in my life,” said Deborah. “Samaritan Counseling allows me to blend my desire to grow as a Christian with my professional strengths. I am very blessed.”

But what about clients who are not interested in the spiritual or faith aspect of wellness? Samaritan does not pressure those who are not ready or willing to receive faith principles, but meets them on their own terms.

“I trust God to reveal to me ‘where someone is at’ in respect to how He is working on them,” said Mike. “I personally stay where God is. I experience Him and give Him all the glory.”

*Deborah and Mike are two of 18 counselors on staff at Samaritan. To learn more about our therapists, please visit [samaritancounseling.net](http://samaritancounseling.net), hover over the **Our People** tab, and select **Staff** on the drop-down menu.*



**Along with appropriate treatment options, there is another critical component to successful counseling—the relationship between the therapist and the client.**

“I show my clients respect,” said Mike Dunbar, a Nationally Certified Counselor with a Masters Degree in Marriage and

“Kids need to feel safe and have their needs met,” Mike emphasized. Through early attachments formed with their parents, children develop expectations. They look to their parents for safety and security. Often, when parents divorce, it threatens children emotionally, inducing fear.



## Our Fiscal Health

### Expense Detail for Client Fee Subsidies

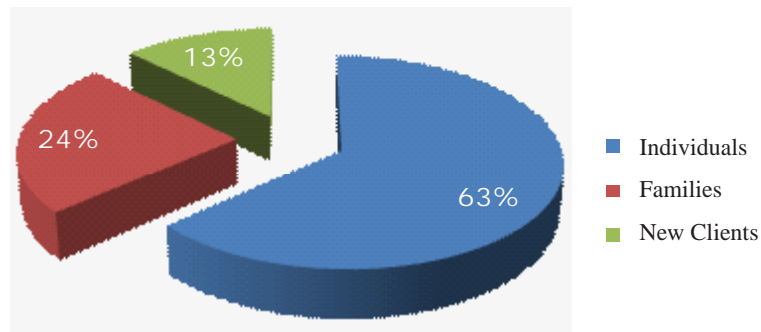
Fiscal Years 2010, 2011 Comparison

Expense	2010 Actual	2011 Actual
Silent Samaritan Fund	\$(36,931)	\$(58,153)
Youth Fund	\$ (7,625)	\$ (4,557)
Client Aid Fund	\$(35,114)	\$(35,414)
Total:	\$(79,670)	\$(98,124)

*In accordance with our organizational goals, Samaritan subsidizes counseling fees for those who lack medical insurance coverage and/or the ability to pay. As illustrated at left, our client aid expenses rose by 23% from 2010 to 2011. (Note: Generally, ~30% of our clients qualify for financial assistance.)*

### Client Care: Breakdown of Number of Counseling Sessions

Fiscal Year 2011\*



Total Sessions, FY 2010: 4,492  
\*Total Sessions, FY 2011: 5,812

### Income Statement January-December 2011

#### Ordinary Income/Expense

Income	
Counseling, Education and other Fees	427,640
Grants and Fundraising	411,628
Public Support and other Revenue	64,735
Direct Expenses	<u>(145,871)</u>
<b>Total Income</b>	<b>\$758,132</b>
Expense	
Salaries	\$383,942
Advertising	22,386
Office	21,189
Insurance	11,454
Utilities and Rent	12,388
Professional Fees	18,276
Other Expenses	<u>99,503</u>
<b>Total Expense</b>	<b>\$569,138</b>
<b>Net Ordinary Income</b>	<b>\$188,994*</b>

\*\$180,000 was restricted to programming.



## 2011 Donors - Thank You, Good Samaritans!

### Organizations/Churches

AES Beaver Valley  
Alexander C. & Tillie S. Speyer Foundation  
Alpern Rosenthal  
Ambridge United Presbyterian Church  
American Equity Service Corp.  
Bakerstown United Methodist Church  
Beaver-Butler Presbytery  
Bellevue Christian Church  
BNY Mellon Community Partnership Employee Funds  
Bookminders  
Calvin Presbyterian Church  
Clearview Federal Credit Union  
Cohen and Grigsby  
Community Presbyterian Church Of Ben Avon  
Crestview Community Presbyterian Church  
Dollar Bank  
E.G. Conley PC  
E.K. Smith Landscape Design  
Enscoe Long Insurance Group LLC  
First Presbyterian Church, Monaca  
First Presbyterian Church, New Brighton  
First Presbyterian Church of Bakerstown  
First Presbyterian Church of Bakerstown Presbyterian Women  
Geokinetics, Inc.  
Giant Eagle, Inc.  
Gordon Terminal Service Company  
Hampton United Presbyterian Church  
Hansen Foundation  
Hartman & Hartman Inc.  
Heritage Valley Health System  
Houston Harbaugh  
Howard Hanna Company  
Integrative Staffing Group, LLC  
J.B. Finley Charitable Trust  
John R. and Jean D. McClester Charitable Foundation  
Ken-Mawr United Presbyterian Church  
Lazarowicz & Associates  
Marketsphere Consulting, LLC  
McCarthy McDonald Schulberg & Joy  
New Martinsville United Methodist Church  
New Sewickley Presbyterian Church  
Northmont United Presbyterian Church  
Northwest Savings Bank  
Oberg Industries  
Old Union Presbyterian Church  
Penn Hebron Garden Club  
Pitcairn-Crabbe Foundation  
Pittsburgh Presbytery  
Plains Presbyterian Church  
Presbyterian Church Of Prospect  
R.P. Simmons Family Foundation  
Saint Andrews United Presbyterian Church of Butler  
Saxonburg Memorial Church  
Schenley Capital, Inc.  
Schmidt Medical Billing  
Sewickley Mental Health Association/Debrin Goubert  
Sewickley Savings Bank  
Day Apollo  
Sharon Community Presbyterian Church  
St. Andrew's Presbyterian Church  
St. Luke's Evangelical Lutheran Church, Saxonburg  
St. Luke's Lutheran Church, Cabot  
St. Paul's WELCA  
St. Thomas Church In The Fields  
Stephen A. Varva Insurance Agency  
Summit United Presbyterian Church  
Suzonne Interiors  
The Glenn A. and Karen S. Buterbaugh Fund  
The McCune Foundation

The Peirce Family Foundation  
The Pittsburgh Foundation  
The Presbyterian Church, Sewickley  
Thomas Marshall Foundation  
Thomas O. Hornstein Charitable Fund  
Thompson-Miller Funeral Home, Inc.  
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Chris Allison and Jane France  
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Jim and Tammy English

Valencia Presbyterian Church  
West Penn Allegheny Health System  
West Sunbury U.P Church  
Westminster Presbyterian Church  
Women's Association of The Presbyterian Church, Sewickley

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Gwynn Wardell  
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Bud and Zoie Weckerly  
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Margaret Wernert  
Nancy Whiteside  
Beth Wierman  
Paul and Lee Wierman  
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Carol Young  
Michael and Elizabeth Zamagias  
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