

What Is a Psychological Assessment?

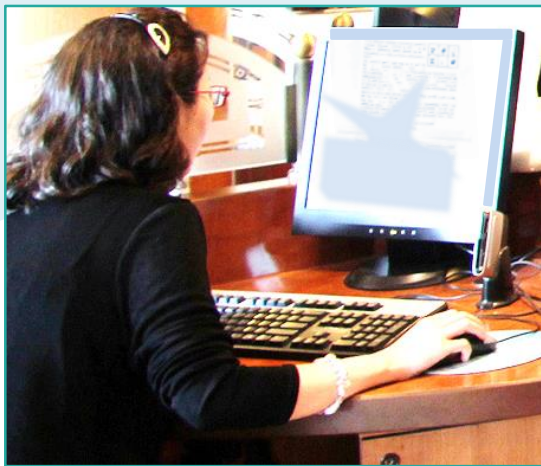
A **Psychological Assessment** is a testing process that uses a variety of methods to gather information about a person. The process can include:

- A clinical interview with a psychologist
- Standardized tests
- Reviews of the individual's educational or health records
- Interviews and surveys of others who play a significant role in the person's life

Each part of the battery deepens the emerging picture of a person's cognitive, emotional, social and vocational functioning.

Another key part of the process is the feedback session, which helps the person being assessed to make changes and work toward goals.

In addition to personality study, there are assessment tools designed to provide information on specific psychiatric disorders.



Therapists find assessment tools useful for:

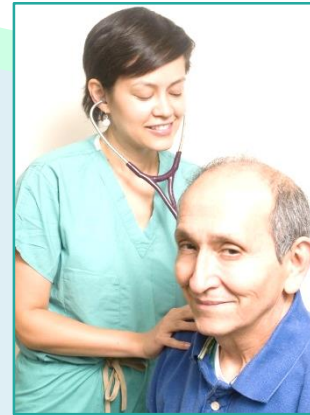
- Determining a diagnosis or second opinion
- Ascertaining personality factors that may be contributing to stalled treatment progress
- Identifying ways to work with clients' strengths and challenges in therapy and helping them apply those strengths in their everyday lives
- Determining issues that may become the focus of treatment

Samaritan administers multiple testing tools relevant to clients' needs. These include the most widely used and researched vocational assessments and objective and projective personality assessments.

All psychological assessments at Samaritan are administered by a licensed psychologist with specialized training in personality and career assessment. (Depending on the circumstances, health insurance may cover the cost of an individual's assessment.)

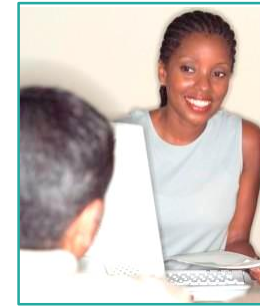
Please note that Samaritan provides psychological assessments for **adults only**. **Moreover, we do not provide:**

- Neuropsychological assessments
- Documentation for educational accommodations



Physicians may refer patients for a psychological assessment to determine if a co-existing mental health condition is present.

- Evaluations for worker's compensation, Social Security disability or other government benefits
- Forensic, court ordered or custody evaluation



Assessments can indicate the way people relate to others, manage their feelings, and make decisions



To learn more about the Samaritan Counseling Center, psychological assessments or to arrange for an assessment, please call **412-741-7430**. Visit us online at: samaritancounseling.net.



What Is the Purpose of a Psychological Assessment?

Psychological Assessments are often used by **law enforcement, religious institutions, physicians, therapists, vocational and other professional organizations** to learn valuable information about their clients.

Assessments can indicate the way people relate to others, manage their feelings, make decisions and other relevant information. For example, **police officer candidates** are assessed to determine if their personality traits (such as impulse control, judgment, personal bias) are suitable to perform the job. Similarly, **ministerial applicants** are tested to help them see the gifts they bring to ministry, as well as identify areas where improvements are needed.



Psychological Assessments



Mission

To help individuals, families and communities achieve emotional, spiritual and physical well-being through professional psychological counseling and educational programs using the resources of faith.

Satellite Offices

Samaritan has multiple offices located throughout Western PA. For more information or to find an office near you, please call **412.741.7430**
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or visit us online at

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