

What Is Coaching?

Coaching is a learning process in which you are empowered to attain specific personal and/or professional goals.

Your Samaritan coach begins by helping you explore your needs. Next, he or she partners with you to set goals, develop a plan of action and execute the plan. Throughout the process, your coach helps you make choices that keep

you focused and moving forward. You learn new skills and techniques and receive guidance for handling the challenges you face along the way.



About Samaritan's Coaching Services

Samaritan is devoted to making your coaching experience as positive and effective as possible. Our coach is Master Certified, has a proven record of success and provides coaching services in three areas: **Career Coaching**, **Leadership Coaching**, and **Life Coaching**.

Whether you're building a business, pursuing your utmost dreams or seeking to enrich multiple areas of your life, Samaritan is prepared to help you succeed.

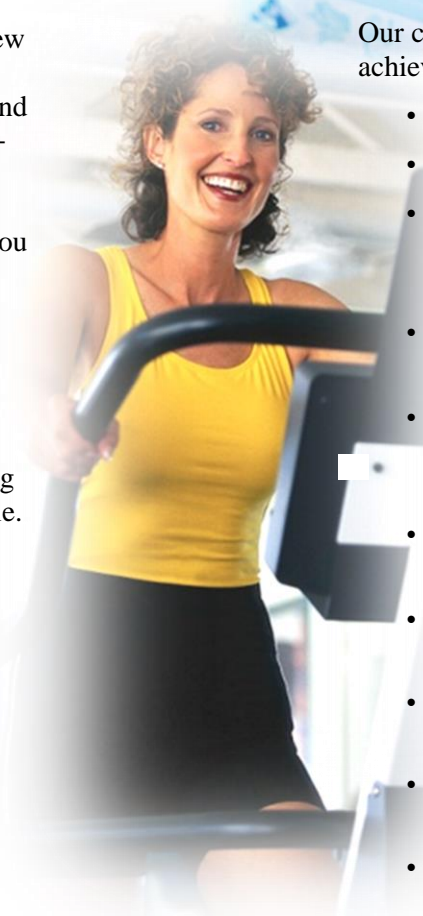
Tell us how we can help you grow!

"Coaching helped me learn more about myself and how I relate to others. I became better at goal setting for my future and building on my strengths to get where I wanted to be." – Anonymous marketing professional



Our coaching services can help you achieve your goals for:

- Creating success habits
- Career planning
- Cultivating your entrepreneurial passions and/or developing your talents
- Improving your effectiveness as a leader
- Fostering healthy, fulfilling relationships with family, friends and others
- Handling stress and creating life balance
- Managing your time, health, finances, etc.
- Resolving internal conflicts to experience more joy in life
- Enriching your walk in faith and spiritual growth
- Navigating through life transitions—and much more



Building a strong coach/client relationship is key. Your Samaritan coach will work with you on site at our Bakerstown office or, for your convenience, via the internet.

What Makes Samaritan's Coaching Unique?

While respecting each person's individual faith beliefs, our coach is experienced at incorporating the value of faith into the coaching process, should you desire.

Furthermore, Samaritan's core belief in the inter-relatedness of body, mind and spirit enhances the effectiveness of our coaching services. We put *our* best foot forward to help you become *your best self*.

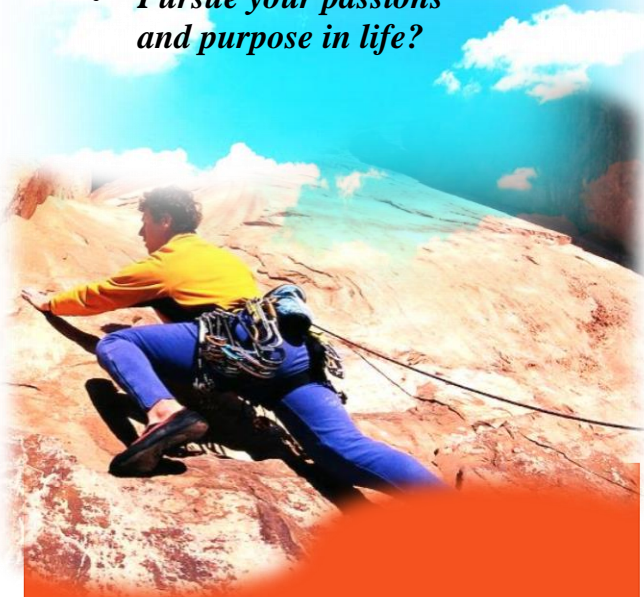


To learn more and get started, please contact info@samaritancounseling.net or call us at 412.741.7430.



Are you ready to...

- *Live your life to its fullest potential?*
- *Stay driven and inspired?*
- *Pursue your passions and purpose in life?*



If so, then Samaritan's Coaching Services are right for you. Your journey to becoming your best self begins now!

Mission

To help individuals, families and communities achieve emotional, spiritual and physical well-being through professional psychological counseling and educational programs using the resources of faith.

Satellite Offices

Samaritan has multiple offices located throughout Western Pennsylvania.

For more information
or to find an office near you,
please call
412.741.7430
email

info@samaritancounseling.net
or visit us online at
www.samaritancounseling.net



SAMARITAN
COUNSELING CENTER

Hope and healing through faith resources

Headquarters:

414 Grant St., Sewickley, PA 15143
Phone **412.741.7430** Fax **412.741.5171**



SAMARITAN
COUNSELING CENTER

Hope and healing through faith resources

Coaching *Services*

